



GREAT CLACTON SUMMER MENU 2023 - SCHOOL MENU 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	PIZZA	FLIPPING FISH	PICNIC DAY Ham Roll / Cheese Roll & Sausage Roll / Cheese Onion Roll	LASAGNE	YO DOG
Option 2		Omega 3 Fish Fingers		Beef Lasagne	Hot Dog Wrap
	Margarita Pizza	Vegetable Fingers		Vegetable Lasagne	Quiche
	Coleslaw Fresh Rainbow Salad Pasta	Mash Potato Beans or Garden Peas	Carrot/Cucumber Sticks Carton/Bottle Water	Carrots & Peas Fresh Salad	Chips Baked Beans Sweetcorn
Option 3 (Vegan)	Jacket Potato Beans (Vegan)	Jacket Potato Beans (Vegan)	Vegan Cheese Bread Roll & Vegan sausage roll	Jacket Potato Beans (Vegan)	Jacket Potato Beans (Vegan)
	Shortbread Biscuits	Cake of The Week	Cake/Biscuit or Yoghurt or Selection of Fresh Fruit	Ice Lolly/Ice-Cream	Flapjack



GREAT CLACTON SUMMER MENU 2023 – WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	PIZZA DAY	BURGER BUSTER Beef Burgers	Barbeque CHICKEN	ALL DAY BREAKFAST Bacon, Scrambled Egg, Chipolata and Hash Brown	FISHY FRIDAY Fish Fillet
Option 2		Margarita Pizza	Bean Burgers	Barbeque Veggies	Vegetarian Breakfast Vegetarian Dippers
	Coleslaw Sweetcorn Fresh Salad	Wedges Baked Beans or Garden Peas	Rice, Sweetcorn Peppers	Baked Beans, Mushrooms, Baked Tomatoes	Chips Baked Beans Mixed Salad Bar
Option 3 (Vegan)	Jacket Potato Beans (Vegan)	Jacket Potato Beans (Vegan)	Barbeque Veggies (Vegan)	Jacket Potato Beans (Vegan)	Jacket Potato Beans (Vegan)
	Brownie	Cookie of The Day	Ice Lolly or Yoghurt or Selection of Fresh Fruit	Cake of The Week	Snowballs